**ECNC TEAM CHAMPIONS**

**2022-2023**

**Girls Golf:** Champion – Auburn

 Runner-Up – Elmwood Murdock

**Softball:** Champion – Freeman

Runner-Up – Falls City

Third – Auburn

**Cross Country:** Boys- Champion – Palmyra

 Runner-Up – Auburn

 Third – Freeman

Girls- Champion – Auburn

 Runner-Up – Palmyra

 Third – Johnson County Central

**JH** Boys Champion – Elmwood-Murdock

 Runner-Up – Freeman

 Third – Palmyra

Girls Champion – Auburn

 Runner-Up – Falls City

 Third

**Volleyball** Champion – Palmyra

 Runner Up – Freeman

 Third – Elmwood Murdock

**One Act** Champion – Elmwood-Murdock

 Runner Up – Freeman

 Third – Palmyra

**Girls Wrestling** Champion – Johnson County Central

 Runner Up – Palmyra

 Third – Weeping Water

**Boys Wrestling** Champion – Falls City

 Runner-Up – Weeping Water

 Third – Johnson County Central

**Girls Basketball** Champion – Auburn

 Runner-Up – Elmwood-Murdock

 Third – Falls City

**Boys Basketball** Champion – Freeman

 Runner-Up – Auburn

 Third – Elmwood-Murdock

**Speech** Champion – Elmwood-Murdock

 Runner-Up – Freeman

 Third – Auburn

**Quiz Bowl** Champion – Mead

 Runner-Up – Palmyra

 Third – Freeman

 **JV** Champion – Freeman

 Runner-Up – Palmyra

 Third – Elmwood-Murdock

**JH** **8th** Champion – Palmyra

 Runner-Up – Auburn

 Third – Falls City

 **7th** Champion – Elmwood-Murdock

 Runner-Up – Freeman

 Third – Johnson County Central

**Girls Track** Champion – Palmyra

 Runner-Up – Auburn

 Third – Elmwood-Murdock & Johnson County Central (tie)

**JH** Champion – Johnson County Central

 Runner-Up – Auburn

 Third – Freeman

**Boys Track** Champion – Freeman

 Runner-Up – Palmyra

 Third – Elmwood-Murdock

**JH** Champion – Johnson County Central

 Runner-Up – Freeman

 Third – Palmyra

**Boys Golf** Champion – Palmyra

 Runner-Up – Cedar Bluffs/Mead

 Third – Elmwood-Murdock